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Donna Klein

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In The Mediterranean Vegan Kitchen, Donna Klein provides more than 300 recipes suited to anyone who wants to eat a healthful

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diet free of animal products. Unlike many vegetarian or vegan cookbooks that simply take the meat or dairy products out of a recipe--or even worse, use tasteless substitutes--this book includes only recipes that actually exist in Mediterranean cuisine.

The Mediterranean Vegan Kitchen: Meat-Free, Egg-Free

...

I love Mediterranean food, but many cookbooks in this genre are weighed down with recipes that rely heavily on animal products (especially cheeses). The Mediterranean Vegan Kitchen is a welcome, high-quality exception. It's easily among my favorite vegan cookbooks.

The Mediterranean Vegan Kitchen by Donna Klein

Buy The Mediterranean Vegan Kitchen: Meat-Free, Egg-Free, Dairy-Free Dishes from the Healthiest Region Under the Sun by Donna Klein (ISBN: 9781557883599) from Amazon's Book Store.

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The Mediterranean Vegan Kitchen: Meat-Free, Egg-Free

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The Mediterranean Vegan Kitchen: Meat-free, Egg-free, Dairy-free Dishes from the Healthiest Place Under the Sun Donna M. Klein Penguin , 2001 - Cooking - 251 pages

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“The medical world has been touting the health benefits of the Mediterranean diet for decades. In The Mediterranean Vegan Kitchen, Donna Klein provides more than 300 recipes suited to anyone who wants to eat a healthful diet free of animal products. Unlike many vegetarian or vegan cookbooks that simply take the meat or dairy products out of a recipe—or even worse, use tasteless substitutes ...

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The Mediterranean Vegan Kitchen : Donna Klein : 9781557883599

THE MEDITERRANEAN VEGAN KITCHEN By Donna Klein I've often wondered when a cookbook with this title would be published. After all, so many vegan-friendly dishes have a Mediterranean origin.

The Mediterranean Vegan kitchen. (Reviews). - Free Online ...

The Mediterranean Vegan Kitchen Donna Klein. Shop Now. Wild Mushroom Spread With Croutons. This earthy and warming

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Provençal-style ragout makes a splendid spread for croutons, crostini, or bruschetta during the fall and winter months. Leftovers can be added to stews, soups, ...

The Mediterranean Vegan Kitchen - B&N Readouts

Donna Klein is the author of The Mediterranean Vegan Kitchen (3.94 avg rating, 1552 ratings, 49 reviews, published 2001), Supermarket Vegan (3.86 avg rat...

Donna Klein (Author of The Mediterranean Vegan Kitchen)

The Mediterranean Vegan Kitchen: Meat-Free, Egg-Free, Dairy-Free Dishes from the Healthiest Region Under the Sun: A Vegan Cookbook by Donna Klein and a great selection of related books, art and collectibles available now at AbeBooks.com.

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Donna Klein, a food writer who has contributed to The Washington Post, Vegetarian Gourmet, Veggie Life, ... or gluten-free from the author of The Mediterranean Vegan Kitchen. Whether due to food allergies, celiac disease, or dietary preferences, many people want to eliminate gluten from their diet. Now it can

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The Mediterranean Vegan Kitchen, Meat-Free, Egg-Free

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Mediterranean.

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